

# Achieving Community Wellbeing

## A PANEL AND COMMUNITY DIALOGUE

On September 30, 2013, more than 120 Oxford County community members gathered to hear from a panel of leaders from the City of Guelph. The panel shared their experience and insights into how the Guelph community worked to develop and put into action a plan for wellbeing for all residents. The Social Planning Council Oxford also shared about their work, and their link to wellbeing. Following the panel, attendees participated in a table group dialogue that focused on how we might bring this work to Oxford County. Check out what participants thought about the day!

### PARTICIPANTS

**140** REGISTERED FOR THE EVENT

### EVALUATIONS

**1 OUT OF 2** IN ATTENDANCE FILLED OUT AN EVALUATION

### TOP 3 AREAS OXFORD COUNTY THINKS WE CAN MAKE A DIFFERENCE

**LIVING STANDARDS** ... family incomes, poverty, unemployment...

**COMMUNITY VITALITY** ... safety, community belonging, inclusion...

**HEALTHY POPULATIONS** ... result of income, education, housing...

### CANADIAN INDEX OF WELLBEING

**85%** SAW THE BENEFIT OF USING THE CANADIAN INDEX OF WELLBEING AS A FRAMEWORK, OR PROCESS TOOL

### WHAT ABOUT THE GUELPH MODEL IMPACTED YOU MOST?

**TOP FIVE:**  
COLLABORATION  
UNUSUAL SUSPECTS  
PASSION  
BUY-IN  
POLICE INVOLVEMENT

“THIS WORK IS POSSIBLE”

“HOLISTIC VIEW OF COMMUNITY”

“ABILITY TO WORK THROUGH A COMPLEX PROJECT”



## WHAT WE LEARNED ABOUT WELLBEING

★The value of **community-driven, bottom-up, inclusive and collaborative approaches**

★ Wellbeing is a **community issue**

★ Wellbeing is **not just health**



### WE WANT THE SOCIAL PLANNING COUNCIL OXFORD TO FOCUS ON

**COMMUNITY VITALITY**  
**POVERTY**  
**COMMUNITY ENGAGEMENT**  
**TRANSPORTATION**  
**FACILITATION**

